Name:			

## Use the table below, to keep track of what you need to complete, to gain your Chief Scout Gold Award.

Outdoor Challenge –  Complete all	Community Challenge—  Complete all		
Take an active part in one or more nights away, totalling at least two nights. Also take part in lots of camping type activities.	Exploring the local community		
Understand the initial actions to take in the event of an accident.	At least 6 hour Community Service		
Understand the importance of getting adult help and when to call the emergency services.	Global Challenge – Complete all of A or B		
Know how to treat minor cuts, burns and scalds, stings and insect bites.	A1 - Make contact with Scouts from another country outside the United Kingdom.		
Outdoor Challenge* Plus –  Complete all	A2 - Take part in a Troop or Patrol activity with these Scouts.		
Hold Outdoor Challenge	A3 - Take part in a Patrol or Troop activity based on things found out during the contact.		
Take part in lots of camping type activities, whilst at camp. (set up a camp kitchen, pioneering, tent pitching, fire lighting, etc.)	B1 - Choose and investigate an international issue.		
Take an active part in further camp(s) of at least 8 nights; four under canvas	B2 - Show an understanding of the issues involved.		
Demonstrate how to open an airway and give CPR	B3 - Take some action as a result of research		
Know how and when to put a patient in the recovery position	B4 - Compare how the issues affect the UK and countries overseas		
Know how to recognise and treat fractures and severe bleeding	Adventure* Challenge–  Complete all		
Know how to use direct pressure to stop bleeding	Take part in 3 different activities and know the safety and environmental issues Activity 1		
Demonstrate an awareness of the dangers of temperature extremes	Activity 2		
Creative Challenge – Only 3 needed.	Activity 3		
Area 1 – Performing - Take part in a performance in front of an audience	Promise Challenge – Complete any 5 from 2 sections		
Area 2 – Crafts - Have a go at some creative crafts	A1 - Explain how you have recently 'done your best' on at least three occasions		
Area 3 – Promotions - Promote local Scouting	A2 - Explain to a new Scout in your Troop the meaning of the Scout Promise and Law		
Area 4 - Problem solving - Take part in activities requiring a number of problem-solving skills	A3 - Assist with the planning and take part in an investiture ceremony or similar		
Area 5 – Construction - Construct a model	A4 - Demonstrate that you can be trusted by taking on a special responsibility		
Area 6 – Worship - Take a leading role in preparing and participating in an Act of Worship	B1 - Take part in a number of acts of worship with others in the Troop		
Fitness Challenge - Complete all of A or B	B2 - Complete a course that furthers your understanding of your own faith community		
A1- Spend between four and six weeks preparing for the event, through an agreed programme	B3 - Choose and read prayers and/ or reflections for your Troop's opening and closing ceremony		
A2 - Show an understanding of the importance of a sensible and appropriate diet & sufficient sleep.	B4 - Hold the My Faith Activity Badge		
A3 - Be able to explain the dangers and harmful effects of smoking, alcohol and drugs.	C1 - Take an active part in at least two Troop Forums and express your views		
A4 - Successfully take part in the chosen physical challenge	C2 - Contribute to the writing or reviewing of your Troop's 'Code of Conduct.'		
B1 - Exercise regularly over a period of four to six weeks and keep a record	C3 - Play a full part in at least two Troop Leadership Forums and help to implement a decision		
B2 - Show an understanding of the importance of a sensible and appropriate diet, sufficient sleep.	C4 - Successfully run a learning experience for other Scouts		
B3 - Be able to explain the dangers and harmful effects of smoking, alcohol and drugs.	C5 - Successfully lead a group of Scouts at a two-day camp or other similar event		
Expedition Challenge* -  Complete A or B	D1 - Honestly review an event or activity and decide how it might be done better in the future		
A - Take part in an expedition over two days (including a night away) with at least three friends. Be involved in the planning of the expedition, complete relevant training and be properly prepared	D2 - Visit an act of worship of another faith community and compare the traditions and customs  D3 - Investigate a political or world issue and explain your views to others on the subject		
B - Take part in an exploration over two days (including a night away) with at least three friends, and report or present your findings. You	D4 - Take part in a debate on a topic of local or national interest		
must be involved in the planning of the exploration, complete relevant training and be properly prepared.	D5 - As a Scout, give freely of your time to help someone less fortunate than yourself		